

Bigger Kids. Bigger Fun.

YOUR TEEN™

for parents

Popularity

Helping Teenagers Develop
Healthy Social Lives

When Boys Cry in School

When Should Teenagers “Tattle”?

Rethinking
Family
Game Night

Being Kind Online

How to Save on Your Teenager’s Car Insurance

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yourteenmag.com



Products Picks

Kid-tested and parent-approved,
Your Teen recommends...



Atomic Beam Flashlight

This compact, lightweight flashlight can fit in your pocket, is 40 times brighter than ordinary flashlights and can be seen from miles away. With five different modes, including high, medium, and low beam, a strobe feature, and an S.O.S. mode.

bulbhead.com, \$19.99

The Little Kernel

The Little Kernel is the perfect healthy snack with a unique, hullless, "miniature kernel." Popped in 100% pure olive oil, each popcorn is gluten-free, non-GMO, dairy-free, kosher and made with whole grains. Even better, The Little Kernel comes in six delicious flavors, including: Truffle Sea Salt, Sweet & Salty, Pink Himalayan Salt, White Cheddar, Butter, Naked (No Salt Added). thelittlekernel.com, \$3.45



Sydney Paige Guidi Laptop Rucksack Back Pack

The Guidi laptop rucksack oozes class with its relaxed style, upscale metal zippers and chic leather details. Whether you're a student, world traveler, hip professional or stylish mom on the go, this is the bag for you! sydneypaigeinc.com, \$90



Ice Chips Candy

Forget packing a bottle of mouthwash! Ice Chips provide a delicious, all-natural and sugar-free candy that helps keep smiles bright and breath fresh! Available in 20 tantalizing flavors, such as Wintergreen, Peppermint, Cinnamon, Strawberry Daiquiri, and more!

icechipsandy.com, \$24.95-29.95/6 pack



Zing Anything Original Citrus Zinger

Enhance the flavor and health benefits of water—and stay away from artificial flavors, colorings and refined sugars—by using the Citrus Zinger water bottles with fruit, veggies and herbs to create refreshingly flavored drinks. zinganything.com, \$19.99



Airbar

AirBar is a sleek, lightweight bar that attaches to the bottom of your laptop display, plugs in via USB and instantly turns your regular laptop into a touchscreen. Great for high school and college kids (and their parents) looking to upgrade their laptops without spending a lot of money. air.bar, \$69



Migraine Magick™ Migraine Medication

This topical spray is a natural migraine/headache/anxiety pain reliever created from a blend of natural ingredients to balance body chemistry and replenish natural energy and soothe body imbalances that contribute to pain, stress and disease.

migrainemagick.com, \$36